

**QUICK AUDIT – HOW
ALIGNED IS YOUR CURRENT
TEACHING WITH LEARNING
SCIENCE?**



AUDIT AREA 1: RETRIEVAL PRACTICE

Key question: How often do I ask students to recall previously learned content without notes?

Indicators:

- Daily retrieval questions
- Regular low-stakes quizzes
- “Brain dump” tasks / self-assessment

Self-evaluation (on scale 1-5):

1 = Never → 5 = Consistently and Effectively

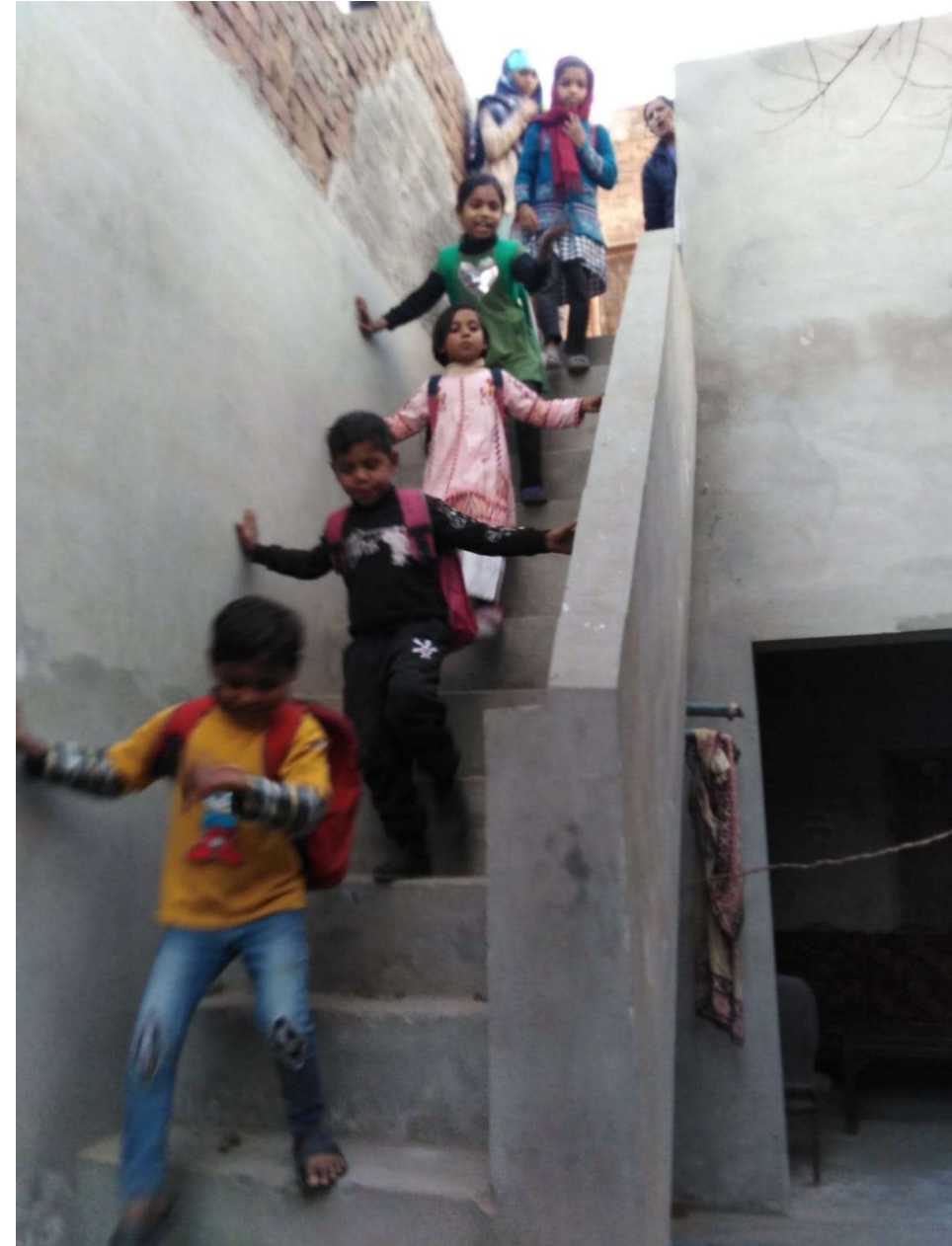
AUDIT AREA 2: SPACED REPETITION

Key question: How regularly do I return to previously taught content – not just teach and forget?

Indicators:

- Spiral review of previous topics
- Cumulative tests or mixed problem sets
- Questions from earlier units

Self-evaluation (1-5)





AUDIT AREA 3: MANAGING COGNITIVE LOAD

Key question: How well do I manage the complexity of materials to avoid overload?

Indicators:

- Distributed, step-by-step instruction
- Clear, simple slides and materials
- Worked examples and graphic organizers
- Pre-teaching of key vocabulary

Self-evaluation (1-5)

AUDIT AREA 4: MOTIVATION AND FEEDBACK

Key question: How much do I support students' autonomy, sense of competence, and belonging?

Indicators:

- Choice in assignments
- Frequent, growth-focused feedback
- Celebrating small successes
- Strengthening the classroom community

Self-evaluation (1-5)





AUDIT AREA 5: “DESIRABLY DIFFICULT” TASKS

Key question: How often do I challenge students in a constructive way that strengthens learning?

Indicators:

- Interleaved practice
- Prediction tasks (estimation before instruction)
- Varied practice formats
- Delayed feedback

Self-evaluation (1-5)

SMALL STEPS, BIG IMPACT

BASED ON YOUR SELF-ASSESSMENT, CHOOSE ONE AREA FOR DEVELOPMENT AND ONE AREA OF STRENGTH



DEVELOPMENT AREA

What is one thing I can implement in my teaching?



SUPPORTING OTHERS

How can I support other teachers through my strengths?



TRACKING

How will I track my progress?



SHARING

Who can I share my goal with to help hold myself accountable?

Remember: small, consistent improvements compound over time.